

Three aspects of youth life

with deep consequences
for young people's well-
being and identity-
formation

Competence

- Through education
- Through work experiences
- Through democratic participation
- Through daily living, relations and communication forms
- Through leisure interests, possibly expanding from narrow forms to broader forms

Integration

- Through education
- Through work
- Through leisure activities, formal or non-formal
- Through neighborhood affiliation
- Through subcultural communities

Bodily expressions

- Mainstream and ordinary
- Spectacular and different
- Subcultural distinct
- Uni- or multi-focused (muscles, colours, slimness, style-based, group-based vs individualistic, different make-up codes, music references etc)

WHAT IS IN COMMON?

- Different levels

- Macro

- Micro

- Group based

- Different degrees of

- By many

- By some

- By few

- By practically none